



Fort Wayne Dance Collective

School for Movement Studies and Creative Process
(260) 424-6574 | info@fwdc.org | www.fwdc.org/classes

Winter/Spring 2012 CLASS SCHEDULE

January 9 to June 11

DANCE FOR CHILDREN AND TEENS

Creative Movement *Ages 3-5*

This class develops the young child's creative abilities while learning basic elements of dance including use of body parts, shape, space and locomotion combined with stories and feelings, while having a great deal of FUN!

3 DIFFERENT TIMES TO FIT YOUR SCHEDULE!

Monday 5-5:30 PM	Saturday 9-9:30 AM
Tuesday 4-4:30 PM	\$60 7 wks / \$160 sem <i>Instructor: Becca Wegner</i>

Modern Dance Technique

Beginning elements of modern dance technique and creative movement designed to increase strength, flexibility and coordination.

LEVEL I *(Ages 5-6)*

Monday 4:00-4:45 PM	\$60 7 wks / \$160 sem <i>Instructor: Becca Wegner</i>
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BEGINNING YOUTH *(Ages 12-17)*

Tuesday 4:30-5:30 PM	\$65 7 wks / \$175 sem <i>Instructor: Liz Monnier</i>
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INTERMEDIATE YOUTH *(Ages 12-17)*

Thursday 4:30-5:30 PM	\$65 7 wks / \$175 sem <i>Instructor: Liz Monnier</i>
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Dance Sampler

Students in Dance Sampler Level I & II will learn elements of ballet, creative movement and modern dance within the 21-week semester. Students in Dance Sampler III & IV will add jazz technique to their instruction.

LEVEL I *(Ages 5-6)*

Saturday 9:45-10:30 AM	\$60 7 wks / \$160 sem <i>Instructor: Becca Wegner</i>
10:45-11:30 PM	\$60 7 wks / \$160 sem <i>Instructor: Becca Wegner</i>

LEVEL II *(Ages 7-9)*

Saturday 9-9:50 AM	\$65 7 wks / \$175 sem <i>Instructor: Liz Monnier</i>
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LEVEL III *(Ages 10-12)*

Saturday 10-10:50 AM	\$65 7 wks / \$175 sem <i>Instructor: Liz Monnier</i>
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BEGINNING-INTERMEDIATE IV *(Ages 12-17)*

Saturday 11-Noon	\$65 7 wks / \$175 sem <i>Instructor: Kelly Horne</i>
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ADVANCED IV *(Ages 12-17)*

Monday 4:30-5:30 PM	\$65 7 wks / \$175 sem <i>Instructor: Alison Gerardot</i>
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For the serious dance student to increase strength, flexibility and technical ability. At least 3 years of dance experience required unless approved by instructor.

Dance Fundamentals and Conditioning *For FWDC students ages 7-16*

This class focuses on building strength, increasing flexibility and improving dance skills. For students already enrolled in Dance Technique or Dance Sampler.

Wednesday 4:45-5:30 PM	COST: FREE for students already enrolled. <i>Instructor: Liz Monnier</i>
Class meets first 12 weeks only, January 11 through March 28.	

DANCE FOR TEENS AND ADULTS

Beginning Modern Dance Improvisation and Technique

Teens & Adults

This class is designed for the beginning dancer to learn how their body moves most efficiently using basic movement and fundamental patterns and across-the-floor movements. Some improvisation will be included.

Tuesday 5:45-6:45 PM	\$65 7 wks / \$175 sem <i>Instructor: Becca Wegner</i>
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Continuing Modern Dance Improvisation and Technique

Teens & Adults

This class will provide a safe environment to develop your movement skills while applying them in creative improvisational scores. Previous experience required.

Monday 7-8:30 PM	\$70 7 wks / \$190 sem <i>Instructor: Liz Monnier</i>
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Continuing Modern Dance Technique

Teens & Adults

A brief warm-up followed by exercises based on various modern dance techniques designed to strengthen the core muscles and study of detailed combinations aimed to develop performance quality. For the experienced dancer.

Wednesday 8:15-9:15 PM	\$70 7 wks / \$190 sem <i>Instructor: Elizabeth Mikautadze</i>
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Continuing Jazz Dance Technique

Teens & Adults

This class focuses on examining jazz technique as well as various forms of dance that contribute to jazz and overall body placement. Warm up, center floor and across the floor combinations are included.

Monday 8:30-9:30 PM	\$65 7 wks / \$175 sem <i>Instructor: Brittney Coughlin w/ assistant Emily Keisler</i>
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Belly Dance

Teens & Adults

The ancient art of this middle Eastern dance builds flexibility, strength, rhythm and expression. Students will learn rhythms and movements from Turkish, Egyptian and American traditions.

BELLY DANCE BOOTCAMP

Tuesday 7-8 PM	\$65 7 wks / \$175 sem <i>Instructor: Asiyah bint Jordana</i>
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Technique and fitness for the experienced belly dancer.

BEGINNING

Thursday 6:30-7:30 PM	\$65 7 wks / \$175 sem <i>Instructor: Asiyah bint Jordana</i>
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CONTINUING

Thursday 7:35-8:35 PM	\$65 7 wks / \$175 sem <i>Instructor: Asiyah bint Jordana</i>
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Adult Ballet

Teens & Adults

This class teaches ballet technique, basic positions, barre work, across-the-floor combinations and terminology from a contemporary perspective.

BEGINNING

Wednesday 6-7 PM	\$65 7 wks / \$175 sem <i>Instructor: Kelly Parris</i>
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BEGINNING

Thursday 5:15-6:15 PM	\$65 7 wks / \$175 sem <i>Instructor: Joellen Wojtowicz</i>
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CONTINUING

Wednesday 7-8:15 PM	\$70 7 wks / \$190 sem <i>Instructor: Elizabeth Mikautadze</i>
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WELLNESS

Teens & Adults

T'ai Chi

Teens & Adults

This Chinese movement form improves balance, focus, coordination and relaxation.

MORNING

Monday \$65 7wks / \$175 sem
10-11 AM Instructor: Nancy Woollacott

EVENING

Monday \$65 7wks / \$175 sem
7-8 PM Instructor: Nancy Woollacott

Yoga

Teens & Adults

IYENGAR YOGA

Based on the teachings of BKS Iyengar this style of yoga is known for its focus on alignment and precision. This practice is methodical and precise instructions are given for every pose.

COST:

Monday 1x/week:
5:45-7 PM \$65 7 wks / \$175 sem

Tuesday 2x/week:
8:30-9:45 AM \$175 7 wks / \$300 sem

Monday OR Tuesday
Monday AND Tuesday
Instructor: Barbara Ulmer

VINYASA FLOW YOGA

Vinyasa Flow is designed to integrate breath with movement. Students will flow from posture to posture which will harmonize body, breath, mind and spirit. This class is designed for beginning students.

Wednesday \$65 7 wks / \$175 sem
Noon-12:50 PM Instructor: Mary Newell

Pilates Mat & Toning

This exercise created by Joseph Pilates, develops strength, endurance, flexibility, breathing, energy and body control. **This class is not appropriate for pregnant women and those with osteoporosis.**

Thursday \$65 7 wks / \$175 sem
Noon-12:50 PM Instructor: Lindsey Helmer

MUSIC/MOVEMENT EDUCATION

PARENT/CHILD

Music Together®

Infants-Kindergartners

This program is a music and movement approach to early childhood music development for infants through kindergartners and their primary caregiver. For more information, visit musictogether.com.
First 10 week session meets January 11-March 9.
Second 10 week session March 14-May 25.

Wednesday COST: \$135 for 10 weeks*
6:15-7 PM \$90 per additional child
Instructors: Wednesday with Allison Ballard and Friday with Emily Sharin

Friday *price includes
12:15-1 PM book, 2 CD set, and newsletter.

MUSIC MAKING FOR CHILDREN

Orff

Ages 6-11

Orff Schulwerk is an approach to musical education that inspires children's active involvement in music making. Children will learn to make music with others by singing, chanting rhymes, dancing and playing body percussion, recorders and xylophones. This satisfying musical experience will include improvisation and composition. For more information visit, www.aosa.org

Wednesday \$65 7 wks / \$175 sem
5-6 PM Instructor: Allison Ballard

Classes will not be held April 2-7 during Spring Break, or May 28 in observance of Memorial Day. To register call 424-6574 or register online at fwdc.org/classes

UPCOMING EVENTS

Dances of Universal Peace Circle

Jan. 14, Feb. 11, March 10, April 21, May 21 & June 9 @ 7:00-10:00 pm

Peace dances focus on peace and harmony creating a sense of solidarity and community while celebrating the underlying unity of all the spiritual traditions of the earth. Dances consist of simple dance steps and lyrics. \$7 donations encouraged. Circles are held at FWDC studios. For more info, visit fwdc.org/dup

Wellness Retreat

January 7, 2012 @ FWDC

Start off your new year with a relaxing, centered time to practice yoga, meet with friendly people, and align body and spirit by taking part in a wellness retreat at the FWDC. For more details, visit fwdc.org/wellness or call 424-6574.

Choreographers Laboratory

Feb. 18 @ 7 pm and Feb. 19 @ 2 pm in the Elliot Studio

FWDC presents the works of budding local and regional choreographers in a no-frills, but entertaining performance. This lab will feature guest artist, Motus Dance Theatre from Indianapolis, and dancers from IU Bloomington's Contemporary Dance Program. Please come and support emerging artists!

Tickets are \$8 for adults and \$5 for children 12 and under. Call the Fort Wayne Dance Collective at 424-6574 for tickets or check out fwdc.org/choreolab2012 for more information.

RUBBERBANDance Group

Performance April 14 @ 8:00 pm, at the Arts United Center

This breath-taking fusion of contemporary ballet and break dancing is sure to excite and amaze. Lecture/Demonstration-Friday, April 13 at 4:00 p.m. at the Arts United Center. Tickets are \$5 Master Class-Friday, April 13 at 7:00 pm in the FWDC's Elliot Studio. Cost is \$25. Call FWDC for details.

Performance-Saturday, April 14 at 8:00 p.m. at the Arts United Center. Advance tickets are \$22 for adults, \$20 for students, At-the-door: \$27 adults, \$25 students. Special discounted tickets \$18 for groups of 10 or larger. Please call FWDC (260) 424-6574 or email info@fwdc.org for further details or visit fwdc.org/rbdg

DRUMMING

Taiko Drumming

Drummers learn rhythms with sticks using choreographed arm movements and/or while dancing from drum to drum in this ancient Japanese tradition.

YOUTH TAIKO (Ages 8-13)

Tuesday \$60 7 wks / \$160 sem
5:15-6 PM Instructor: Jackie Hinsey

ADULT BEGINNING (Teens-Adults)

Friday \$65 7 wks / \$175 sem
4:30-5:30 PM Instructor: Allison Ballard

ADULT CONTINUING (Teens-Adults)

Friday \$65 7 wks / \$175 sem
3:30-4:30 PM Instructor: Allison Ballard



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POLICIES

College students with an ID receive 15% off of their total classes. A 10% discount is offered to students in more than one class, and to families enrolling more than one student. Students may also pay for one class at a time through the drop-in fee (excluding Music Together). We accept cash, check (made payable to "FWDC"), Mastercard, Visa, and Discover.

NO REFUNDS.

Schedule is subject to change. Please call to register before attending — (260) 424-6574.

FEES

New Student Registration:
\$10

DROP-IN FEE:

1-1½ hour class: \$12
Creative Movement: \$10



The Fort Wayne Dance Collective is funded in part by Arts United of Greater Fort Wayne, the Indiana Arts Commission, and the National Endowment for the Arts, a federal agency.